

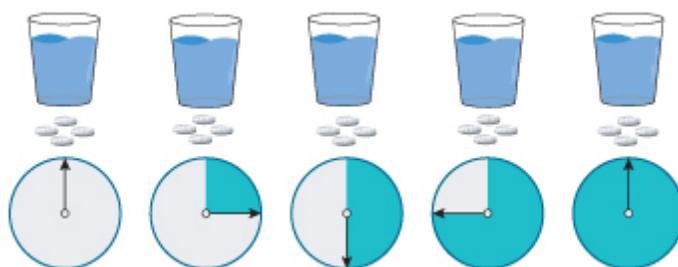
OsmoPrep simplifies the colonoscopy experience.

Easy-to-swallow, virtually tasteless tablets help make OsmoPrep a simple colonoscopy prep.

Your physician will give you specific instructions for completing the [OsmoPrep](#) regimen. The tablets are taken with a total of 64 oz of the clear liquid of your choice. It is important that you finish the entire dosing regimen to achieve the best possible results and that you take all of the prescribed liquid to maintain [proper hydration](#).

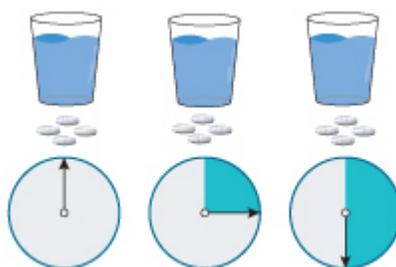
First regimen

- Take 4 tablets with 8 oz of any clear liquid every 15 minutes
- You will take a total of 20 tablets over a 1-hour period



Second regimen

- Take 4 tablets with 8 oz of any clear liquid every 15 minutes
- You will take a total of 12 tablets over a 30-minute period



While these directions are provided as a guide, they should not replace the advice you get from your healthcare provider. Always follow the directions of your healthcare provider. He or she knows what's best for you and how to achieve the best results while taking any medication.

What's considered a "clear liquid"?

A clear liquid is any beverage you can see through that does not contain red or purple colors.

- Water
- Apple juice
- Ginger ale
- Lemon-lime soda
- Sports drink (eg, Gatorade®*)
- Lemonade



To help prevent dehydration, it is important to drink plenty of clear liquids before, during, and after the colon-prep process.

[Learn about the importance of hydration.](#)

[What is OsmoPrep?](#)

[Why do you need a bowel prep?](#)

[What happens during a colonoscopy?](#)

Important Safety Information about OsmoPrep

WARNINGS

There have been rare, but serious reports of acute phosphate nephropathy in patients who received oral sodium phosphate products for colon cleansing prior to colonoscopy. Some cases have resulted in permanent impairment of renal function and some patients required long-term dialysis. While some cases have occurred in patients without identifiable risk factors, patients at increased risk of acute phosphate nephropathy may include those with increased age, hypovolemia, increased bowel transit time (such as bowel obstruction), active colitis, or baseline kidney disease, and those using medicines that affect renal perfusion or function (such as diuretics, angiotensin converting enzyme [ACE] inhibitors, angiotensin receptor blockers [ARBs], and possibly nonsteroidal anti-inflammatory drugs [NSAIDs]).

It is important to use the dose and dosing regimen as recommended (PM/AM split dose).

Please see full Prescribing Information for OsmoPrep, including [BOXED WARNING](#).

OsmoPrep® (sodium phosphate monobasic monohydrate, USP, and sodium phosphate dibasic anhydrous, USP) Tablets are indicated for cleansing of the colon as a preparation for colonoscopy in adults 18 years of age or older. Considerable caution should be advised before OsmoPrep is used in patients with severe renal insufficiency, congestive heart failure, ascites, unstable angina, gastric retention, ileus, severe chronic constipation, bowel perforation, toxic megacolon, gastric bypass or stapling surgery, or hypomotility syndrome. Use with caution in patients with impaired renal function, patients with a history of seizures or at higher risk of seizure, patients with higher risk of cardiac arrhythmias, known or suspected electrolyte disturbances (such as dehydration), or people taking drugs that affect electrolyte levels. Patients with electrolyte abnormalities such as hypernatremia, hyperphosphatemia, hypokalemia, or hypocalcemia should have their electrolytes corrected before treatment with OsmoPrep.

OsmoPrep is contraindicated in patients with a known allergy or hypersensitivity to sodium phosphate salts or any of its ingredients, and in patients with biopsy-proven acute phosphate nephropathy. In clinical trials, the most commonly reported adverse reactions (reporting frequency >3%) were abdominal bloating, nausea, abdominal pain, and vomiting. It is recommended that patients receiving OsmoPrep be advised to adequately hydrate before, during, and after the use of OsmoPrep.

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*Gatorade is a registered trademark of the Stokely-Van Camp, Inc., Chicago, IL.

References

1. Rex DK, Schwartz H, Goldstein M, et al. Safety and colon-cleansing efficacy of a new residue-free formulation of sodium phosphate tablets. *Am J Gastroenterol*. 2006;101:2594-2604.